

গণপ্রজাতন্ত্রী বাংলাদেশ সরকার  
স্বাস্থ্য ও পরিবার কল্যাণ মন্ত্রণালয়  
স্বাস্থ্য সেবা বিভাগ  
বিশ্বস্বাস্থ্য-১ অধিশাখা

নং- স্বাপকম/বিশ্বস্বাস্থ্য-১/ডি-২/২০১৭/৭৬

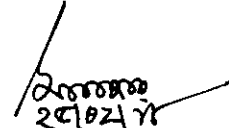
তারিখঃ ২৫ ফেব্রুয়ারী ২০১৮ খ্রি.

বিষয়ঃ সিডা অর্থায়নে সুইডেনে অনুষ্ঠিতব্য প্রশিক্ষণে কর্মকর্তার মনোনয়ন।

সূত্রঃ- অর্থনৈতিক সম্পর্ক বিভাগের পত্র নম্বর- ০৯.০০.০০০০.১৮৮.২৫.০০৪.১৭-৮৫০, তারিখ-১১-২-২০১৮খ্রিঃ

উপর্যুক্ত বিষয়ে সূত্রের পত্রটি নির্দেশক্রমে এ সংগে প্রেরণ করা হলো। পত্রটি ওয়েব সাইটে প্রকাশপূর্বক আবেদনকারীদের মধ্যে হতে পত্রে বর্ণিত সিলেকশন ক্রাইটেরিয়া মোতাবেক সিডা অর্থায়নে সুইডেনে অনুষ্ঠিতব্য প্রশিক্ষণে উপর্যুক্ত কর্মকর্তার মনোনয়ন আগামী ৩০-০৩-২০১৮ তারিখের মধ্যে স্ব-স্ব অধিদপ্তরের মাধ্যমে এ বিভাগে প্রেরণের জন্য নির্দেশক্রমে অনুরোধ করা হলো।

সংযুক্তিঃ বর্ণনা মোতাবেক।

  
২৫/০২/১৮  
(মোঃ মোতাহার হোসেন)  
উপ সচিব  
ফোন: ৯৫৭০১২৯  
e-mail:  
[motaher6679@gmail.com](mailto:motaher6679@gmail.com)

বিতরণঃ

- ১। মহাপরিচালক স্বাস্থ্য অধিদপ্তর।
- ২। লাইন ডাইরেক্টর, চিকিৎসা শিক্ষা ও জনশক্তি উন্নয়ন, স্বাস্থ্য অধিদপ্তর, মহাখালী, ঢাকা।  
(দৃঃআঃ- ডিপিএম বিদেশ প্রশিক্ষণ)।
- ৩। সিস্টেম এনালিস্ট, স্বাপকম।

অনুলিপিঃ

- ১। অতিরিক্ত সচিব (জ/বি) মহোদয়ের ব্যক্তিগত কর্মকর্তা, স্বাস্থ্য সেবা বিভাগ, স্বাস্থ্য ও পরিবার কল্যাণ মন্ত্রণালয়।

তারিখ : ০২ ফাল্গুন ১৪২৪ ব.  
১৪ ফেব্রুয়ারি ২০১৮ খ্রি.

বিষয়: বিদেশিক প্রশিক্ষণের সুযোগ বরাদ্দ।

সূত্র: অর্থনৈতিক সম্পর্ক বিভাগের পত্র নং- ০৯.০০.০০০০.১৮৮.২৫.০০৪.১৭-৮৫০, তারিখ : ১১.০২.২০১৮ খ্রি.

উপর্যুক্ত বিষয় ও সূত্রের পরিপ্রেক্ষিতে নির্দেশক্রমে জানানো যাচ্ছে যে, সুইডেনে অনুষ্ঠেয় নিম্নোক্ত প্রশিক্ষণের সুযোগ হওয়ার কারণে কলামে বর্ণিত মন্ত্রণালয়/বিভাগের অনুকূলে বরাদ্দ করা হয়েছে:

ক্রমিক নং	প্রশিক্ষণের নাম, স্থান ও মেয়াদ	অর্থায়নকারী সংস্থা	মনোনয়ন প্রেরণের শেষ তারিখ	বরাদ্দকৃত মন্ত্রণালয়/বিভাগ
০১	০২	০৩	০৪	০৫
০১	ITP 300 "Sexual & Reproductive Health & Rights (SRHR)" Sweden From: August 2018-November 2019 Phase II in Malmo, October 8-November 2, 2018 Phase IV in participating country April 8-12, 2019	SIDA	১০.০৪.২০১৮	স্বাস্থ্য সেবা বিভাগ

০২। উল্লিখিত প্রশিক্ষণের সংশ্লিষ্ট কাগজপত্র এসাথে সংযুক্ত করা হলো।

০৩। বর্ণিত মন্ত্রণালয়/বিভাগকে মনোনীত কর্মকর্তার নামসহ যাবতীয় তথ্য নির্ধারিত ফরমে যথাযথভাবে পূরণ করে প্রত্যেক প্রার্থীর আবেদন ফরমের ০৩ সেট মূল কপি (আবেদন ফরমের কপি সংযুক্ত) ও প্রয়োজনীয় কাগজপত্রসহ ১০.০৪.২০১৮ তারিখের মধ্যে নিম্নরূপ নির্দেশনা অনুসরণপূর্বক সরাসরি অর্থনৈতিক সম্পর্ক বিভাগের বৃত্তি-১ শাখায় প্রেরণের প্রয়োজনীয় ব্যবস্থা গ্রহণের জন্য অনুরোধ করা হলো :

- ক. জনপ্রশাসন মন্ত্রণালয়ের ২৯/৮/৯২ খ্রি.তারিখের স্মারক নং-৮০/৯২-৫১৮(৫০০) নং আদেশ এবং ১২ মে ২০০৩ তারিখে প্রকাশিত গেজেটে (জনপ্রশাসন মন্ত্রণালয়ের বিদেশ প্রশিক্ষণ গবেষণা শাখা) জনপ্রশাসন প্রশিক্ষণ নীতিমালার আলোকে এ বিষয়ে প্রয়োজনীয় ব্যবস্থা গ্রহণ;
- খ. বিদেশ প্রশিক্ষণে কর্মকর্তা মনোনয়ন বিষয়ে প্রধানমন্ত্রীর কার্যালয়ের ১৯ জুন, ২০১১ খ্রি. তারিখের ০৩.০৬৯.০২৫.০৬. ০০.০০৩.২০১১-১৪৪ (৫০০) সংখ্যক পত্রের মর্মানুসারে প্রয়োজনীয় ব্যবস্থা গ্রহণ।

সংযুক্তি: বর্ণনামতে।

১৪/২/২০১৮  
(ড. আবদুল হামিদ)  
উপসচিব  
ফোন: ৯৫৭৪৪২৬  
sasfi.mopa@gmail.com

সচিব  
স্বাস্থ্য সেবা বিভাগ  
বাংলাদেশ সচিবালয়, ঢাকা।

সদয় অবগতি ও প্রয়োজনীয় কার্যার্থে অনুলিপি প্রেরণ করা হল:

সচিব, অর্থনৈতিক সম্পর্ক বিভাগ, শেরে বাংলানগর, ঢাকা (দ. আ.-সহকারী প্রধান, বৃত্তি-১ শাখা)।

১।	সচিব (সমন্বিত)
২।	সচিব (সমন্বিত-১)
৩।	সচিব (সমন্বিত-২)
৪।	সচিব (বিষয়স্বত্ব)
৫।	সচিব (বিষয়স্বত্ব-১)
৬।	সচিব (বিষয়স্বত্ব-২)
৭।	সচিব (অতিরিক্ত কার্য)
৮।	সচিব (জনসংযোগ কার্য)
৯।	অতিরিক্ত কর্মকর্তা

১৪/২/২০১৮  
অতিরিক্ত সচিব



EMBASSY OF SWEDEN

Dhaka, 06 February 2018

Dhaka

Md. Shawkat Ali Mamun  
shawkat.mamun@gov.se

Ms. Zannatul Ferdous  
Senior Assistant Secretary, (F&F Branch)  
Block No. 16, Room-27, (ERD)  
Ministry of Finance  
Sher-e-Bangla Nagar,  
Dhaka

**International Training Programme (ITP) 300, 'Sexual and Reproductive Health and Rights (SRHR)'**

*The closing date of application: April 10, 2018*

Dear Sir,

Embassy of Sweden would like to present its compliments to the Ministry of Finance. Please find enclosed invitations to the above mentioned programme. Request you to forward these brochures, along with the application forms, to the different related ministries, Universities and special governmental committees dealing with related issue. The training programme will take place in Sweden and programme will be conducted in English. Therefore, there is a strict language requirement.

The Swedish International Development Cooperation Agency (Sida) provides scholarship for participants from Bangladesh, covering course fee, accommodation, air ticket and meals.

Completed application forms in two copies must reach the Swedish Embassy in Dhaka, before the closing date, so the Embassy can forward all applications to Sweden in time.

Only candidates with official nomination from their home organization will be accepted. Application reaching after this date may not be accepted under any circumstances.

Sida is interested in encouraging women to participate in the programmes. Nominations of female candidates are particularly welcome. However, this invitation does not guarantee acceptance of application.

Md. Shawkat Ali Mamun  
ITP Coordinator  
Embassy of Sweden Dhaka

Postal Address:  
Dhaka-1212  
Bangladesh

Telephone:  
+880-2-55668500

E-mail: [ambassaden.dhaka@gov.se](mailto:ambassaden.dhaka@gov.se)

Visitors' address:  
Bay's Edgewater, Plot 12  
North Avenue, 6th Floor  
Guishan 2

Fax:  
+880-2-9852032

[www.swedenabroad.com/dhaka](http://www.swedenabroad.com/dhaka)



# ADVANCED INTERNATIONAL TRAINING PROGRAMME (ITP)

ITP300

## **Sexual and Reproductive Health and Rights**

**22,5 credit course at Lund University**

August 2018 – November 2019

Phase II in Malmö, Sweden, October 8 – November 2, 2018

Phase IV in a participating country, April 8–12, 2019

Closing date  
for applications:

► **April 10,  
2018**

## Programme objectives

The long-term objective of the programme is to contribute to the improvement of the living conditions of poor women, children, youth and men by:

- Increasing their access to adequate sexual and reproductive health care
- Promoting sexual education
- Increasing the awareness and demand for SRHR services

The programme aims to initiate an organizational change where the participants will become "agents of change" by using new knowledge and tools acquired through the programme, thus contributing to the long-term objectives described above.

The immediate goals of participants will be to:

- Develop and implement a change project in the field of SRHR within their organization
- Develop a sustainability plan of the project
- Develop an action plan for continued work on the project within the organization

## Contents

The guiding principles of the programme are its four pillars:

- 1) human rights values, 2) a context-based approach,
- 3) participatory learning, and 4) national and international networking, which form the programme's educational framework.

Using a rights-based approach to sexual and reproductive health, it will cover:

- Youth sexual health
- Maternal and neonatal health, including fertility and abortion
- STIs, HIV/AIDS and cervical cancer
- Sexual identity
- Sexual coercion and violence

The programme will also focus on leadership, management, and policy change in SRHR. Participants will strengthen these skills through the use of information and communications technologies. Each participant will be provided with tools to facilitate their learning process, such as access to an online learning platform and a tablet computer for the duration of the programme.

### BENEFITS

- › Increased knowledge and understanding of SRHR, its main components and related concepts
- › Increased knowledge and understanding of experience, methods and tools for initiating and supporting a process of organizational change
- › Expanded international and national networks in the field of SRHR

### CHANGE PROJECT

The central component of the programme will be the participants' change projects. These will address problems that are within the scope of the training programme and of particular interest to the participant's respective organizations. For example, a project might involve testing a new care or treatment procedure, implementing youth-friendly services, task-shifting a procedure from one professional group to another, adding sexual health in school curricula or formulating a new policy, related to any of the areas mentioned above.

A supervisor will provide support to each team including online meetings and a country visit.

### APPLICATION

The \_\_\_\_\_  
(name of nominator)

nominates \_\_\_\_\_

to ITP 300 2018c  
October 8 - Nov

Reasons for no

Date \_\_\_\_\_

Signature \_\_\_\_\_

(When  
The N  
rules

Date \_\_\_\_\_

ITP 300 2018c Global

Sexual and Reproductive Health and Rights"

October 8 - November 2, 2018, Malmö, Sweden

April 8-12, 2019, in a country in the region

Received application by administration:

Sign \_\_\_\_\_ Date \_\_\_\_\_

Comment, see attached note 

## APPLICATION FORM (Typewriting or block letters)

The \_\_\_\_\_ Country \_\_\_\_\_  
(name of nominating organisation/institution/company)nominates \_\_\_\_\_  
(name of applicant)

to ITP 300 2018c Global, "Sexual and Reproductive Health and Rights"

October 8 - November 2, 2018, in Malmö, Sweden and April 8-12, 2019 in a country in the region.

Reasons for nomination \_\_\_\_\_  
(obligatory)

Date \_\_\_\_\_

Signature of nominating organisation/institution/company \_\_\_\_\_

(When necessary/applicable)

The Nomination is approved by (name of authorising authority) \_\_\_\_\_ in accordance with local rules.

Date \_\_\_\_\_ Signature of authorising authority \_\_\_\_\_

The application should be uploaded at <http://www.med.lu.se/itpsrhr>  
at the latest on **April 10, 2018**.Applicants experiencing difficulties with the online application should submit  
the paper application to the nearest Swedish embassy or consulate at the  
latest on **April 10, 2018**.ITP SRHR Secretariat  
itpsrhr@med.lu.se

PHOTO

(Please do not glue.  
Attach with Staple)

**PERSONAL HISTORY**

First name (underline name by which formally addressed)		Second name		Family name (surname)	
Office address		3. Telephone numbers (incl. country code/area code) Office phone(s): Mobile: Fax:			
Home address		5. E-mail addresses (obligatory) Primary address: Alternative addresses:			
Nationality		Date of birth	Day	Month	Year
Sex <input type="checkbox"/> Male <input type="checkbox"/> Female					
Name and address of person to be notified in case of emergency (incl. country code/area code)					
Telephone:			E-mail:		

Education (start with last attended institution and work backwards)			
Name of institution and place of study	Major fields of study	Years of study from - to	Degrees

9. Previous residence in foreign country in relation to applicant's professional or study interest

Have you participated in any training programme in Sweden before?

yes  no Name of programme, year \_\_\_\_\_

**EMPLOYMENT RECORD**

In order to make your application complete, please give details of your duties and responsibilities for your present and previous positions.

Present position	
Title of your post	Description of your work, including your personal responsibilities
Years of service: (from - to)	
Type and level of organisation	
Name of supervisor (if any) telephone number and email address	
Name and address of employer	

Previous position

Title of your post

Years of service: from

Type and level of org

Name of supervisor

Name and address

**QUESTION**

Please state 1 from the pro

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Pte: oth

Previous position

Title of your post	Description of your work, including your personal responsibilities
Years of service: from - to	
Type and level of organisation	
Name of supervisor (if any)	
Name and address of employer	

QUESTIONNAIRE

Please state briefly the reason for applying to this programme, your main field of interest within the programme and how you hope to benefit from the programme (preferably using a separate sheet of paper, but no more than one page).

Please describe how the present work of your organisation relates to sexual and reproductive health and rights and how you hope the organisation will benefit from the programme (preferably using a separate sheet of paper, but no more than one page).

Please describe your idea of the Change project, including title, on no more than one supplementary pages. Please also add the names of the other team members, if you apply in team.

Please describe your position/role in the organisation on a separate sheet of paper. Include organisation chart, total number of employees and number of employees under your direct or indirect supervision.

From where did you get information about this training programme?

Swedish Embassy

Former participant  If so, whom? \_\_\_\_\_

Website

Other  If so, where? \_\_\_\_\_

LANGUAGE REQUIREMENT

English certification does not have to be carried out if any of the following is applicable:

- English is my mother tongue or official language of the country.
- English is my working language (please enclose statement from management)
- Carried out higher academic education (min 6 months) where English was the medium of instruction (please enclose copy of certificate)



# CERTIFICATE OF THE ENGLISH LANGUAGE

Not required if any of the conditions in the online application concerning proficiency in English is met.

Name of candidate _____	
<b>ABILITY TO UNDERSTAND</b> <input type="checkbox"/> Understands without difficulty when addressed at normal rate. <input type="checkbox"/> Understands almost everything, if addressed slowly and carefully. <input type="checkbox"/> Requires frequent repetition and/or translation of words and phrases	<b>ABILITY TO SPEAK</b> <input type="checkbox"/> Speaks fluently and accurately and is easily intelligible <input type="checkbox"/> Speaks intelligibly, but is not fluent or altogether accurate <input type="checkbox"/> Speaks haltingly, and is often at a loss for words and phrases
<b>ABILITY TO WRITE</b> <input type="checkbox"/> Writes with ease and accuracy <input type="checkbox"/> Writes slowly and with only a moderate degree of accuracy <input type="checkbox"/> Writes with difficulty and makes frequent mistakes	<b>READING ABILITY AND COMPREHENSION</b> <input type="checkbox"/> Reads fluently, with full comprehension <input type="checkbox"/> Reads slowly, but understands almost everything <input type="checkbox"/> Reads with difficulty, and only with frequent recourse to a dictionary
Language test administered by: _____ Title: _____ Address and Telephone: _____ Date and signature: _____	

**Prog**

**PHASES**

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## MEDICAL STATEMENT

<input type="checkbox"/> I do not have any infectious diseases (for example tuberculosis or trachoma) or any other illnesses which could present risks to persons that I will come in contact with. <input type="checkbox"/> I do not have any medical conditions which prevent me from carrying out training away from home. <input type="checkbox"/> I am in good health and enjoying full working capacity. Comment: _____ _____ _____ _____
---

**Information to all applicants according to the Swedish Personal Data Act:**

Upon confirmation that your application have been accepted, the personal information that you have given in this application will be used by the Programme Organiser in administering the Programme. Your personal data will also be available to Sida for internal use. The data will not be used for other purposes.

Signature of Applicant \_\_\_\_\_

I certify that my statement in answer to the foregoing questions is true, complete and correct to the best of my knowledge and belief.  
If selected as a participant I undertake to spend the time during the period of the programme as directed by the programme management.

Date \_\_\_\_\_ Signature of Applicant \_\_\_\_\_

If you are selected, you will be notified by e-mail. Please confirm your acceptance to attend by e-mail.

# Programme structure

## PHASES

The training programme is divided into five phases:

### *Phase 1 – Preparatory period (2 months)*

The preparatory phase will take place in the participant's home country.

### *Phase 2 – Scheduled programme in Sweden (4 weeks)*

The second phase will take place in Sweden. It will concentrate on the theoretical and practical aspects of SRHR, related international policy instruments, leadership and results-based management, and information and communications technologies. Study visits to Swedish institutions, including youth-friendly and maternal health service providers, will be scheduled. During this phase, participants will plan and design a change project with the assistance of an assigned supervisor.

### *Phase 3 – Interim period (6 months)*

After returning to their home countries, participants will establish and implement their respective change projects. Supervisors will provide regular support, including an on-site visit to each country.

### *Phase 4 – Regional follow-up (1 week)*

The fourth phase will consist of a regional workshop in one of the countries represented. All participants will come together to present their change projects, discuss the progress they have made, and receive feedback from programme leaders and their co-participants. The workshop will include scheduled local study visits.

### *Phase 5 – Continuation of the change projects (6 months)*

During the fifth phase, participants will adjust and finalize their change projects and present their results to Lund University and the respective Ministry of Health, and, where appropriate,

their country's Ministry of Education. Those participants who complete the course with a passing grade will be awarded a certificate of 22,5 university credits from Lund University. All participants who complete the programme will also receive a Sida diploma.

## METHODOLOGY

The programme utilizes various pedagogical methods to stimulate and optimize learning outcomes such as team-based learning, interactive lectures, case study seminars, simulation and value exercises, internet-based group seminars, forum discussions, peer-reviewed assignments and study visits. The participatory design of the programme requires active participation, and everyone is encouraged to share his or her experiences in the field of SRHR. Literature related to the curriculum will be provided.

## MANAGEMENT AND STAFF

The training programme is offered by Lund University in Sweden and managed by the Division of Social Medicine and Global Health (SMGH) at the Department of Clinical Sciences in Malmö, Sweden. The programme facilitators are highly qualified professionals with many years of experience in the field of SRHR, through clinical work, education, research and project management projects.

## ACCOMMODATIONS

In Sweden, all participants will be given hotel accommodations in single rooms equipped with lavatory, shower, and kitchenette, including refrigerator, cooking facilities, and storage space. During Phase 4, accommodations will be provided at a three- or four-star hotel. Due to the nature of the programme, family members are not permitted to accompany participants to Sweden or to the regional workshop.

## TIMETABLE

### WHERE:

Phases 1, 3, and 5 will be carried out in each participant's home countries. Phase 2 will be conducted in Malmö, Sweden. Phase 4, the regional workshop, will be scheduled in one of the participating countries, location to be announced.

### WHEN:

The programme will run for 15 months, beginning in August 2018 and ending in November 2019. The phase in Sweden will take place from October 8 – November 2, 2018. Phase 4 will be held from April 8–12, 2019.

## APPLICATION PROCESS

Applications submitted after **April 10, 2018** deadline will not be considered. The application should be filled out and submitted through the online application system at [www.med.lu.se/itpsrhr](http://www.med.lu.se/itpsrhr), where the following required documents should be uploaded: a letter of motivation, a change project idea, academic degree certification, English language certification when necessary, and a scan of the paper application form containing a recent photograph, and all required signatures.

Applicants experiencing difficulties with the online application should submit the paper application to the nearest Swedish embassy or consulate. If there is no Swedish embassy or consulate in the applicant's country, the application should be submitted by e-mail to the ITP SRHR administration.

## Admission requirements

### INVITED COUNTRIES

The following countries are invited to nominate candidates: *Bangladesh, Ethiopia, Tanzania, Uganda and Zimbabwe.*

### TARGET GROUP

The programme encourages applicants to apply as 'country teams', that is, they may come together from single organizations, such as those shown below, and join to work on a mutual challenge. Please note that even in the case of team applications each individual must fill out a separate application.

Preference will be given to country teams consisting of 4 to 6 (maximum) participants who represent a range of professions listed below. Individual applications are also welcome. Ideally, participants will be individuals working in the field of SRHR on the following levels:

- **Local** Midwives, nurse/midwives, and obstetricians who are able to influence decision making in their respective clinical settings
- **Intermediate** Professionals responsible for education, training, or other project activities in the field of SRHR at the district or provincial level
- **Central** Policy makers in Ministry of Health or Ministry of Education and SRHR professionals at national teaching institutions

The programme is also open to national NGO staff members and to individuals from the private sector working in the field of SRHR.

### PREREQUISITES

- At least five years of working experience in a field related to SRHR
- A Bachelor's degree or equivalent
- Computer literacy, including word processing skills and regular access to e-mail and the Internet. Further knowledge in ICT is preferable.

Teams should preferably be balanced in gender and age composition. Since the training of a future generation of SRHR practitioners is a key aspect of the programme, we encourage teams to include younger professionals at the beginning or in the middle phases of their careers. All applications must be endorsed by the applicant's organization.

### LANGUAGE REQUIREMENTS

The training programme, including all lectures, will be conducted in English. Candidates from countries where English is not an official language *must present a language test from an official body* in their home country, unless other documentation to support her/his ability can be provided.

### HEALTH REQUIREMENTS

As the programme entails international travel and work away from home in a new environment, good health and full working capacity are required of each participant. It is, therefore, recommended that candidates undergo a medical examination before completing the medical statement in the application.

### OTHER REQUIREMENTS

If selected, a participant will be required to attend all phases of the programme. The nominating organization must sign a letter of commitment before the start of the programme.

### COSTS

Sida will cover the costs related to:

- Participation in the programme, literature, study tours, and scheduled activities
- Hotel accommodations
- A meal allowance to cover self-sustained cooked meals
- International travel to and from Sweden
- International travel to and from the regional seminar

Each participant is responsible for travel costs to (and from) the international airport nearest their home, visa costs, and all personal expenses other than those indicated above.

### SELECTION PROCESS

Candidates will be notified of their acceptance by e-mail by June 15, 2018. Once selected, candidates and their supervisor/head must confirm their participation in the programme. An invitation letter for visa purposes will be sent after the confirmation letter and a copy of the passport has been received.

### VISA

Participants are responsible for obtaining all visas and paying visa fees for their visit to Sweden and to the country selected for the Phase IV seminar. The visa should be valid for the entire period of the programme in Sweden, and the passport should be valid for at least three months after the date of entry.

Closing date for applications  
April 10, 2018

### INSURANCE

All participants will be covered by a group insurance policy while in Sweden and on organised tours during the programme, including the regional seminar. This insurance includes medical care in the event of an accident or acute illness. Medical and dental check-ups are not included.

# ADVANCED INTERNATIONAL TRAINING PROGRAMME (ITP)

ITP300

## **Sexual and Reproductive Health and Rights**

**22,5 credit course at Lund University**

August 2018 – November 2019

Phase II in Malmö, Sweden, October 8 – November 2, 2018

Phase IV in a participating country, April 8–12, 2019

Closing date  
for applications:  
› **April 10,  
2018**

## Programme objectives

The long-term objective of the programme is to contribute to the improvement of the living conditions of poor women, children, youth and men by:

- Increasing their access to adequate sexual and reproductive health care
- Promoting sexual education
- Increasing the awareness and demand for SRHR services

The programme aims to initiate an organizational change where the participants will become “agents of change” by using new knowledge and tools acquired through the programme, thus contributing to the long-term objectives described above.

The immediate goals of participants will be to:

- Develop and implement a change project in the field of SRHR within their organization
- Develop a sustainability plan of the project
- Develop an action plan for continued work on the project within the organization

### BENEFITS

- › Increased knowledge and understanding of SRHR, its main components and related concepts
- › Increased knowledge and understanding of experience, methods and tools for initiating and supporting a process of organizational change
- › Expanded international and national networks in the field of SRHR

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ominates

o ITP 300 2018c (October 8 – Nove

Reasons for non

Date

Signature c

## Contents

The guiding principles of the programme are its four pillars: 1) human rights values, 2) a context-based approach, 3) participatory learning, and 4) national and international networking, which form the programme’s educational framework.

Using a rights-based approach to sexual and reproductive health, it will cover:

- Youth sexual health
- Maternal and neonatal health, including fertility and abortion
- STIs, HIV/AIDS and cervical cancer
- Sexual identity
- Sexual coercion and violence

The programme will also focus on leadership, management, and policy change in SRHR. Participants will strengthen these skills through the use of information and communications technologies. Each participant will be provided with tools to facilitate their learning process, such as access to an online learning platform and a tablet computer for the duration of the programme.

### CHANGE PROJECT

The central component of the programme will be the participants’ change projects. These will address problems that are within the scope of the training programme and of particular interest to the participant’s respective organizations. For example, a project might involve testing a new care or treatment procedure, implementing youth-friendly services, task-shifting a procedure from one professional group to another, adding sexual health in school curricula or formulating a new policy, related to any of the areas mentioned above.

A supervisor will provide support to each team including online meetings and a country visit.

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ITP 300 2018c Global  
"Sexual and Reproductive Health and Rights"  
October 8 – November 2, 2018, Malmö, Sweden  
and April 8–12, 2019, in a country in the region

Received application by administration:

Sign \_\_\_\_\_ Date \_\_\_\_\_

Comment, see attached note ing  
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## APPLICATION FORM (Typewriting or block letters)

Name \_\_\_\_\_ Country \_\_\_\_\_  
(name of nominating organisation/institution/company)Nominates \_\_\_\_\_  
(name of applicant)

to ITP 300 2018c Global, "Sexual and Reproductive Health and Rights"  
October 8 – November 2, 2018, in Malmö, Sweden and April 8–12, 2019 in a country in the region.

Reasons for nomination \_\_\_\_\_  
(obligatory)

Date \_\_\_\_\_

Signature of nominating organisation/institution/company \_\_\_\_\_

(When necessary/applicable)

The Nomination is approved by (name of authorising authority) \_\_\_\_\_ in accordance with local rules.

Date \_\_\_\_\_ Signature of authorising authority \_\_\_\_\_

The application should be uploaded at <http://www.med.lu.se/itpsrhr>  
at the latest on **April 10, 2018**.

Applicants experiencing difficulties with the online application should submit  
the paper application to the nearest Swedish embassy or consulate at the  
latest on **April 10, 2018**.

ITP SRHR Secretariat  
itpsrhr@med.lu.se

PHOTO

(Please do not glue.  
Attach with Staple)

# PERSONAL HISTORY

1. First name (underline name by which formally addressed)		Second name		Family name (surname)	
2. Office address			3. Telephone numbers (incl. country code/area code) Office phone(s): Mobile: Fax:		
4. Home address			5. E-mail addresses (obligatory) Primary address: Alternative addresses:		
6. Nationality		Date of birth	Day	Month	Year
7. Sex <input type="checkbox"/> Male <input type="checkbox"/> Female					
8. Name and address of person to be notified in case of emergency (incl. country code/area code) Telephone: E-mail:					

9. Education (start with last attended institution and work backwards)			
Name of institution and place of study	Major fields of study	Years of study from - to	Degrees

10. Previous residence in foreign country in relation to applicant's professional or study interest

Have you participated in any training programme in Sweden before?  
 yes  no Name of programme, year \_\_\_\_\_

Previous position of your post

Years of service: from - to

Type and level of organisation

Name of supervisor (if any)

Name and address

**QUESTION**

Please state briefly from the programme

Please describe the organisation

Please outline

## EMPLOYMENT RECORD

In order to make your application complete, please give details of your duties and responsibilities for your present and previous positions.

### A. Present position

Title of your post	Description of your work, including your personal responsibilities
Years of service: (from - to)	
Type and level of organisation	
Name of supervisor (if any) telephone number and email address	
Name and address of employer	

(surname)	Previous position of your post	Description of your work, including your personal responsibilities
(code)	Years of service: from - to	
	Type and level of organisation	
	Name of supervisor (if any)	
Year	Name and address of employer	

### QUESTIONNAIRE

Please state briefly the reason for applying to this programme, your main field of interest within the programme and how you hope to benefit from the programme (preferably using a separate sheet of paper, but no more than one page).

Please describe how the present work of your organisation relates to sexual and reproductive health and rights and how you hope the organisation will benefit from the programme (preferably using a separate sheet of paper, but no more than one page).

Please describe your idea of the Change project, including title, on no more than one supplementary pages. Please also add the names of the other team members, if you apply in team.

Please describe your position/role in the organisation on a separate sheet of paper. Include organisation chart, total number of employees and number of employees under your direct or indirect supervision.

From where did you get information about this training programme?

Swedish Embassy

Former participant  If so, whom? \_\_\_\_\_

Website

Other  If so, where? \_\_\_\_\_

### LANGUAGE REQUIREMENT

English certification does not have to be carried out if any of the following is applicable:

English is my mother tongue or official language of the country.

English is my working language (please enclose statement from management)

Carried out higher academic education (min 6 months) where English was the medium of instruction (please enclose copy of certificate)



# CERTIFICATE OF THE ENGLISH LANGUAGE

INVITA

Not required if any of the conditions in the online application concerning proficiency in English is met.

Name of candidate \_\_\_\_\_

## ABILITY TO UNDERSTAND

- Understands without difficulty when addressed at normal rate.
- Understands almost everything, if addressed slowly and carefully
- Requires frequent repetition and/or translation of words and phrases

## ABILITY TO SPEAK

- Speaks fluently and accurately and is easily intelligible
- Speaks intelligibly, but is not fluent or altogether accurate
- Speaks haltingly, and is often at a loss, for words and phrases

## ABILITY TO WRITE

- Writes with ease and accuracy
- Writes slowly and with only a moderate degree of accuracy
- Writes with difficulty and makes frequent mistakes

## READING ABILITY AND COMPREHENSION

- Reads fluently, with full comprehension
- Reads slowly, but understands almost everything
- Reads with difficulty, and only with frequent recourse to a dictionary

Language test administered by: \_\_\_\_\_

Title: \_\_\_\_\_

Address and Telephone: \_\_\_\_\_

Date and signature: \_\_\_\_\_

## MEDICAL STATEMENT

- I do not have any infectious diseases (for example tuberculosis or trachoma) or any other illnesses which could present risks to persons that I will come in contact with.
- I do not have any medical conditions which prevent me from carrying out training away from home.
- I am in good health and enjoying full working capacity.

Comment: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Information to all applicants according to the Swedish Personal Data Act:

Upon confirmation that your application have been accepted, the personal information that you have given in this application will be used by the Programme Organiser in administering the Programme. Your personal data will also be available to Sida for internal use. The data will not be used for other purposes.

Signature of Applicant \_\_\_\_\_

I certify that my statement in answer to the foregoing questions is true, complete and correct to the best of my knowledge and belief, if selected as a participant I undertake to spend the time during the period of the programme as directed by the programme management.

Date \_\_\_\_\_ Signature of Applicant \_\_\_\_\_

If you are selected, you will be notified by e-mail. Please confirm your acceptance to attend by e-mail.

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## Dear reader

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The International Training Programme in Sexual and Reproductive Health and Rights (SRHR) is designed for individuals holding positions in organizations in the area of SRHR and who are qualified to participate in reform processes at various levels. The programme offers participants the training necessary to help their organizations define and achieve both short- and long-term goals. Participants will discuss the latest developments in their field with colleagues and experts, develop a network of colleagues from other countries and acquire enhanced knowledge and practical skills in working methods in the SRHR area. Participation in the programme assumes your organization wishes to carry out changes and invest its resources in the process.

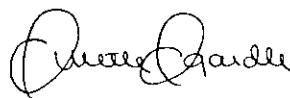
Sexual and Reproductive Health and Rights has long been on the Swedish development agenda because it concerns the fundamental ability of human beings to exercise control over their sexuality, reproduction, and personal development. SRHR covers a wide range of issues critical to personal health and survival, including youth sexual health, maternal and neonatal health, family planning, sexually transmitted infections (STIs) and HIV/AIDS, gender equality, sexual education, and sexual rights. SRHR plays an important role in social and economic advancement, both of which depend on an individual's health and safety. The importance of adequate SRHR for milestones like the Millennium Development Goals is well established.

Sexual and Reproductive Health and Rights is in many contexts a sensitive and controversial issue. Information and services may be limited or withheld, particularly from vulnerable groups including young people, women, and sexual minorities. As a result, unsafe abortions and sexually transmitted infections including HIV/AIDS constitute major causes of disease and death among women and men of reproductive age around the world. Every day 500,000 young people, most of them women, are infected with an STI (not counting HIV). Most have a very limited knowledge of these infections and are reluctant to seek health services. At least 200 million women worldwide do not have access to safe and effective family planning because they lack information, services, or support from their husbands, partners, and communities.

The Swedish International Development Cooperation Agency (Sida) has commissioned Lund University (LU) to carry out an advanced training programme in SRHR between 2014 and 2018. We are seeking participants who are able to promote sustainable and equitable development in their countries through their positions in governmental organizations, teaching hospitals, medical facilities, civil society organizations, and the private sector. Sida and LU invite you to nominate such candidates.



Charlotta Norrby  
ACTING ASSISTANT  
DIRECTOR GENERAL  
Sida



Anette Agardh  
DIRECTOR  
Division of Social Medicine and Global Health  
Lund University

As part of Sida's work with capacity and institutional development Sida offers international training programmes (ITP) for participants from low- and middle-income countries in priority areas. The programmes cover areas of strategic importance to the social, environmental and economic development of co-operating countries and are based on identified priorities and needs. In the long-term perspective, the programmes shall contribute to institutional strengthening and capacity development in the co-operating countries.

## ORGANISER AND PARTNERS



**LUND UNIVERSITY**  
Faculty of Medicine

Lund University  
Social Medicine and Global Health  
Dept of Clinical Sciences Malmö  
Jan Waldenströms gata 35  
205 02 Malmö, Sweden

Programme Secretariat:  
E-mail: [itpsrhr@med.lu.se](mailto:itpsrhr@med.lu.se)  
Tel: +46 40 391336  
Fax: +46 40 391339

Lund University was founded in 1666 and is situated in southern Sweden in the province of Scania. Lund University's eight faculties has 47 000 students at three campuses, of which one is in the city of Malmö. It is ranked as a top 100 university in the world and is Sweden's strongest comprehensive research university.

Social Medicine and Global Health (SMGH) is a division at the Faculty of Medicine. The Division of Social Medicine and Global Health is engaged in research and education in the areas of sexual and reproductive health and rights; maternal, child, youth, and mental health; social capital; health policy; marginalized populations; violence and substance abuse; non-communicable diseases; and environmental stress. The primary goal is to provide expertise for interventions that improve health systems and public health outcomes. SMGH collaborates with research teams and organizations in low- and middle-income countries in Africa and Southeast Asia, and we maintain large data bases that are a unique resource in the field of social epidemiology.

## SWEDISH INTERNATIONAL DEVELOPMENT COOPERATION AGENCY

Address: SE-105 23 Stockholm, Sweden.  
Visiting address: Valhallavägen 199.  
Telephone: +46 (0)8-699 50 00. Fax: +46 (0)8-10 88 00.  
www.sida.se. [sida@sida.se](mailto:sida@sida.se)





EMBASSY OF SWEDEN

Dhaka, 06 February 2018

Dhaka

Md. Shawkat Ali Mamun  
shawkat.mamun@gov.se

Ms. Zannatul Ferdous  
Senior Assistant Secretary, (F&F Branch)  
Block No. 16, Room-27, (ERD)  
Ministry of Finance  
Sher-e-Bangla Nagar,  
Dhaka

**International Training Programme (ITP) 300, 'Sexual and Reproductive Health and Rights (SRHR)'**

*The closing date of application: April 10, 2018*

Dear Sir,

Embassy of Sweden would like to present its compliments to the Ministry of Finance. Please find enclosed invitations to the above mentioned programme. Request you to forward these brochures, along with the application forms, to the different related ministries, Universities and special governmental committees dealing with related issue. The training programme will take place in Sweden and programme will be conducted in English. Therefore, there is a strict language requirement.

The Swedish International Development Cooperation Agency (Sida) provides scholarship for participants from Bangladesh, covering course fee, accommodation, air ticket and meals.

Completed application forms in two copies must reach the Swedish Embassy in Dhaka, before the closing date, so the Embassy can forward all applications to Sweden in time.

Only candidates with official nomination from their home organization will be accepted. Application reaching after this date may not be accepted under any circumstances.

Sida is interested in encouraging women to participate in the programmes. Nominations of female candidates are particularly welcome. However, this invitation does not guarantee acceptance of application.

Md. Shawkat Ali Mamun  
ITP Coordinator  
Embassy of Sweden Dhaka

Postal Address:  
Dhaka-1212  
Bangladesh

Telephone:  
+880-2-55668500

E-mail: [ambassadon.dhaka@gov.se](mailto:ambassadon.dhaka@gov.se)

Visitors' address:  
Bay's Edgewater, Plot 12  
North Avenue, 6th Floor  
Gulshan 2

Fax:  
+880-2-9852032

[www.swedenabroad.com/dhaka](http://www.swedenabroad.com/dhaka)